



presents

PROGRAM WITHOUT  
WALLS

# DANCE CLASS



**FREE**  
**CAREGIVERS & AGES 1-6**

Come enjoy some personal time and self-care while dancing and working out with other parents and caregivers! These classes will lift your spirits and provide some much needed community for all!

### Virtual Dance Classes

July 15th - September 30th  
Every Thursday 11 AM - 12:30 PM

**ArtStartsTO.com**  
**@ArtStartsTO**

For more info, contact:  
[Annekalynch@artstartsto.com](mailto:Annekalynch@artstartsto.com)

*Register Here*



The Macaulay  
Child Development  
Centre



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